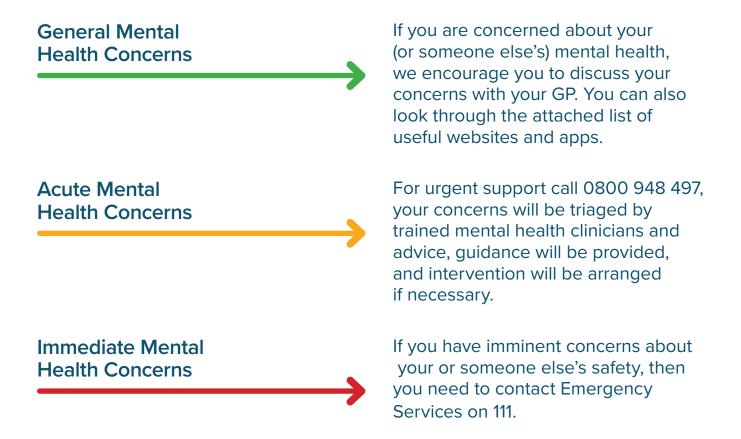
Pathways to Access Mental Health Support



Referral Pathways



In Marlborough, people can access free mental health input via their general practice teams.

- We have Health Improvement Practitioners (HIP) based in most of the general practice teams who can offer same day/same week appointments to help support people with any emotional, physical or social issue. Access to a HIP is via a GP or Practice Nurse.
- We also have a team based at the Health Hub who can offer brief clinical interventions to those people experiencing mild to moderate mental health and addiction issues.
 Referral is from General Practice teams or from the community.

If you are not currently enrolled with a general practice team you can visit the MarlboroughPrimary Health website for a list of practices who are open to new enrolments. Marlborough General Practices and Their Fees: Marlborough Primary Health New Zealand (marlboroughpho.org.nz)