

COMMUNITY NEWS

Aug/Sept 2023



Welcoming Communities | Health & Wellbeing | Age-Friendly Marlborough | Youth
Volunteer | Training | Funding | Council | Events & Notices



**MARLBOROUGH
DISTRICT COUNCIL**

The Community Newsletter is compiled by the **Marlborough District Council Community Partnerships team.**

 03 520 7400

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 www.marlborough.govt.nz

 MarlDistCouncil

 15 Seymour St, Blenheim 7201

Contributions to this newsletter are welcome, and can be emailed to the above email address.

If you wish to receive an electronic copy of the Community Newsletter via email or no longer wish to receive a hard copy, please contact us.

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Cover image: *Destination Marlborough 2023*

Welcoming Communities



Welcoming Week | Te Wiki o Manaaki

Welcoming Week 2023 is coming up at the beginning of September. We are very proud to be celebrating our first Te Wiki o Manaaki – Welcoming Week in Marlborough from September 1st to 10th as a part of the Welcoming Communities programme. This year's theme is “Nau Mai Rā, Glad You're Here”.

Welcoming Week is a national and international initiative that is an opportunity to celebrate the values that unite us as neighbours, parents, and colleagues, and to make our communities more welcoming to all those who call Marlborough home.

Two key Māori cultural values underpin Welcoming Week in Aotearoa — Whanaungatanga, the importance of relationships; and Manaakitanga — the value of extending hospitality and caring for other

people.

Welcoming is something each of us can be. We can choose to show up and reach out. Especially for those newest in our communities, it means we are willing to extend our friendships, open up our circles and make room for others. Because in Aotearoa, we don't welcome once — we welcome always.

This special week is the perfect time to be welcoming in a variety of ways. For example,

- Host a neighbourhood potluck, picnic or barbecue.
- Invite the family that is new on the street over for a cuppa.
- Ask someone new at work to come along to a club or group you attend.
- Take a moment to let your neighbours know

that they are welcome and appreciated in your community by putting up a Welcoming sign at your home or business.

- Share photo and stories on social media of how your place or space (e.g. sports club, faith group, workplace, classroom, social group) is promoting inclusivity and belonging. Use #WelcomingWeek2023 or #GladYoureHere!
- Attend one of the Welcoming Week events organised in Marlborough.

There will be events and activities run by of community groups and organisations in

Marlborough. Listings will be published closer to the end of August at links.marlborough.govt.nz/WC as well as on the Follow Me Marlborough event guide.

No matter what language you speak, who you worship or where you were born — we're glad you're here!

Heather Barnes
Heather.barnes@marlborough.govt.nz
0204 043 7144



Are you 18 years and over, living in Marlborough, and have or have had a mental illness?

Do you feel frustrated that you are not being listened to or you are being treated differently due to your mental health?

CARE Marlborough is a free community based Mental Health support centre that includes the Mental Health Advocacy Service and the Day Activity program which promotes recovery and wellbeing.

The Support Centre is open 7 days a week 10am-2pm

26 Percy St, Blenheim
Phone: 03 578 0302
Cell Phone: 0275754750
Email : manager@carem.nz
www.carem.nz

The Marriage Course

7 sessions to strengthen your relationship

Whether you've been together for six months or 40 years, whether you're in a good place or struggling, The Marriage Course offers practical support to strengthen your relationship.

The next course will commence
7:30pm Wednesday 9th August 2023
Salvation Army Lounge

For more information, contact Nicci Leitch
P: 021 0257 2940
E: oney4xx@xtra.co.nz
Sponsored by Nativity Anglican Church

Ministry of Social Development changes

Changes to prescription fees

You're probably aware the Government announced the \$5.00 co-payment for fully subsidised prescription items from public health providers (including public specialists) will be removed from 1 July 2023 as part of Budget 2023. This change means people may pay less for their medication, so people getting Disability Allowance, Temporary Additional Support or Special Benefit may see their costs change.

If our clients have a change in prescription costs, this may also impact their entitlements to Disability Allowance. Shortly we'll be writing to clients getting a Disability Allowance, suggesting they ask their pharmacy for an itemised printout of their prescriptions before their next review – if they've increased. This will help us at their next annual review. We've already spoken with pharmacists about this.

Any time clients' circumstances change, it's their responsibility to tell MSD, including

changes to their prescription costs. Thanks very much for your support with helping to spread the word about this change.

Residential Care Subsidy

Asset thresholds and income from assets exemptions are increasing (like every year) in line with CPI.

The allowable gifting amount increases to \$7,500 a year (up from \$7,000) within the five-year gifting period, without it affecting the person's asset assessment.

The maximum amount a person can gift in recognition of care is increasing to \$37,500 (up from \$35,000).



**MINISTRY OF SOCIAL
DEVELOPMENT**
TE MANATŪ WHAKAHIATO ORA

Marlborough Community Vehicle Trust

The Marlborough Community Vehicle Trust recently held the AGM. Among other topics it was decided that we cannot expect our drivers to work a 12-14 hour day and travel during the hours of darkness and often in inclement weather. Other than in an emergency we will be operating from 0800 until 1800 (6pm) daily. The Health authorities have been informed.

Our two aging 'clunkers' cars each with almost 300,000 km on the clock are ready for retirement and we have made an application to funding authorities for assistance.

At the recent Council Annual Planning meeting we were able to thank Council for their assistance during the past year, and we are grateful for their continued help when dealing with other agencies.

We believe that MCVT is well positioned to continue to help people with their medical transport arrangements. Further details can be obtained by phoning 03 574 1311 should you wish to join the Trust at a once in a lifetime cost of \$20 or perhaps volunteer to become a driver.

Our new website is up and running at www.marlboroughvehicletrust.org.nz and this may answer any further enquiries.



T: 03 574 1311

<https://marlboroughvehicletrust.org.nz/>



DOES YOUR FAMILY NEED MORE ACTIVITY?

Have you heard of Active Families?

GETTING INVOLVED IS EASY...and it's FREE

Active Families is all about supporting families to get active and eat healthier, it is an individual programme for up to 6 months for children and young people aged **5–18yrs.**

Active Families supports, educates and encourages families to set goals for lifestyle change and increases physical activity levels in children and young people.

We work with young people to choose the physical activity they like and enjoy.

Workshops, group activities and whānau challenges available.

Referrals – anyone can do it!

Parents/caregivers can simply phone or text Jules at the Marlborough Primary Health Organisation to join the programme or to find out more!
520 6263 / 021 284 5644 or email: activefamilies@marlboroughpho.org.nz

Active Families, Active Lifestyles, Healthy Habits



Hospice Marlborough service of remembrance for Matariki



Held on Thursday 13th July at the picturesque Seymour Square, Hospice Marlborough thanks those that attended our special Matariki, Māori new year gathering.

Matariki cares for those who die throughout the year, and when it rises again, the spirits of those passed become stars in the sky – Māori would mourn at this moment, and the tears and wailing would send the loved ones into the heavens to become stars.

A chance to come together under the stars and to share aroha, to reflect on life and to take time to remember those close to us who have died, special thanks also to Chateau Marlborough for the food at the conclusion of the gathering. and to Brad and the Marlborough District Council gardening team for the donation of the beautiful flowering Cherry tree.

Above: Vicki (on guitar) and Ange
Right: Council staff and the cherry tree





Above left: Delicious kai at the Matariki event

Above right: Matariki event programme

Fabric-A-Brac Marlborough 2023

The annual FABRIC & SEWING SUPPLIES SALE organised by the lovely team at Fabric-A-Brac as a fundraising event for Hospice Marlborough is back for 2023.

Don't miss this unique fabric and sewing supplies sale! A fabric market where you can pick up vintage and haberdashery bargains for your new project

How to get involved...

Join us on the day & grab a bargain!

The Fabric-a-brac café will also be serving tea, coffee, and tasty treats on the day

Grab a stall

Available for \$30 per trestle table, for more info and to register visit www.fabricabrac.wordpress.com

Donate

If you don't have enough in your stash to

have a stall but would like to donate items for the Hospice fundraising table, you can! All donations of fabric, haberdashery and other sewing-related items can be dropped off to the Hospice Shop team at 78 Cleghorn Street, Redwoodtown, Monday to Friday between 10am and 4pm and Saturday 10am to 1pm.





Kia Piki Te Ora | Suicide Prevention

Kia Manaaki ai te Iwi – ‘Let the people be cared for’ has long been the ethos of Maataa Waka Ki Te Tau Ihu. The impact of suicide on rangatahi (youth), whānau (family), and hapori (wider community) is extremely concerning. With the voice of our community, this is an area we are committed to finding a solution to create a unique preventive response.

Recently Te Aka Whai Ora has commenced a strategy to work with communities throughout Aotearoa to re-design, enhance and expand the Kia Piki Te Ora Māori suicide prevention services. We are excited to advise that we have been given the opportunity to take a lead role in the development of this service for Wairau and Whakatū in Te Tau Ihu (Nelson/Marlborough). The initial focus will be engaging with community partners, whānau, hapū, iwi and hapori to reflect their lived experience and aspirations for a positive solution underpinned by te ao Māori approaches to Suicide Prevention.

In view of this we have attached a short survey which we hope you could spare some time to complete. Your ideas and views will be instrumental in guiding services for the future that meet the needs of our unique community.

Kia Piki Te Ora | Suicide Prevention **Survey – Wairau/Marlborough**

<https://www.smartsurvey.co.uk/s/KiaPikiTeOraWairau/>

Kia Piki Te Ora | Suicide Prevention **Survey – Whakatū**

<https://www.smartsurvey.co.uk/s/KiaPikiTeOraWhakatu/>

Below you will find an outline of the mahi we are available to support.

Suicide Prevention Education

We are available to support access for anybody who you have concerns that may be suicidal, our Kia Piki Te Ora suicide prevention team can equip you with the skills and confidence to address this.

We are available to provide a face to face session to support your workplace, business or school to support you with identifying risk factors, warning signs and how to approach the topic of suicide with the people you care about. Our next steps would be to strengthen the knowledge and confidence to respond in a compassionate, safe and effective way and identify services that are available in our community that provide people with the support they need.

Navigation of Support

If you are struggling with your mental health and are unsure what supports are out there to help you, our team can provide a one-off session to help identify your needs and point you in the right direction. Please note, this is not a crisis or counselling service.

Community Events

We recognize the benefits of raising community awareness and are often supporting community events. If you would like us to support an event you have, please let us know how we can support.

Ngā mihi nui aroha

Maataa Waka Ki Te Tau Ihu

Contact us on now 0800 Mātā Waka (6282 9252) | 03 577 9256 or email admin@maataawaka.co.nz

Introducing new Pathways to Employment manager in Blenheim

Our Pathways to Employment team is growing!

It's my pleasure to be welcoming Michelle Coburn (right) to the migration team as Employer Liaison. She works part-time on Tuesdays and Wednesdays. Michelle works with employers and organisations keen to employ former refugees and offer work experience opportunities. She also works with refugee background job seekers to support them gain work experience, internships and paid employment. Michelle is contactable at 021 521 978 and by email at Michelle.Coburn@redcross.org.nz

What do we do?

Our employment programme helps people navigate life in their new community. Finding work is an important step towards independence. The New Zealand work environment may be very different from what people we support are familiar with and we're here to help them find their way and to connect them with training and job opportunities. Former refugees add diversity and contribute new skills, cultures and perspectives to our communities. We recognise and celebrate this in our work.

How we can help:

Our Pathways to Employment team offers a safe and trusting environment for refugee background job seekers. Our team can help with:

- finding and applying for jobs that match skills.
- planning for career and goals.
- providing support into training, study, or work experience opportunities.

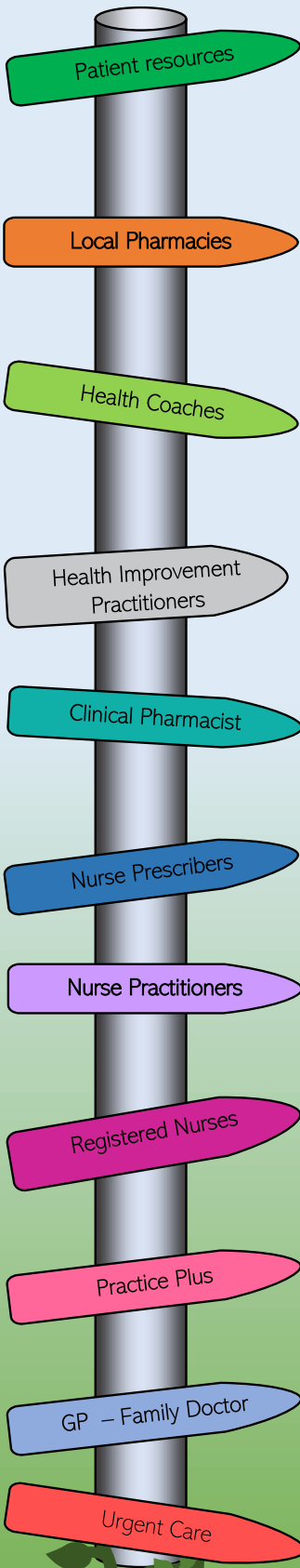


- writing CVs and cover letters.
- preparing for job interviews.
- talking to employers.

*Ehara taku toa I te toa takitahi, Engari he toa takitini.
My strength is not that of an individual, but that of a collective.*

Charlotte Wood (she/her)
Pathways to Employment manager
New Zealand Red Cross
Rīpeka Whero Aotearoa
Mobile : 027 222 9590
Charlotte.Wood@redcross.org.nz





Healthify website is one place for New Zealanders to find health information and self-care resources.
<https://www.healthify.nz>

Pharmacists are qualified to provide advice and treatment for:

☞ Athletes Foot	☞ Covid vaccinations and antivirals	☞ Head lice	☞ Sore throats & earache for less than 3 days
☞ B12 injection	☞ Dry skin, nappy rash, small patches of impetigo (less than 3 areas), abrasions, bruises, insect bites & sunburn	☞ Mouth ulcers	☞ Smoking cessation
☞ Constipation	☞ Emergency contraception	☞ Pregnancy vaccinations	☞ Thrush (between ages 16 to 65)
☞ Cold Sores		☞ Pain relief	☞ UTI (between ages 16 - 65, not pregnant)
☞ Coughs and Colds		☞ Piles	☞ Warts & verruca's
☞ Conjunctivitis for those aged over 2 years		☞ Flu vaccinations	
☞ Contraceptive pill		☞ Hay-fever	

Our Health Coaches offer advice, support and help navigate you towards community support: (All consultations are free of charge)

☞ Quitting smoking	☞ Advice on benefits, housing, home care, children's and older people's services, family support.	☞ Help and advice on financial matters, benefits such as WINZ and job seeking
☞ Drugs & alcohol support	☞ Exercise tips and support	☞ Diet and lifestyle support
☞ Pre-Diabetes advice		
☞ Setting health goals		

Our Health Improvement Practitioners can help with: (All consultations are free of charge)

☞ Anxiety	☞ Lifestyle changes	☞ Social Isolation	☞ Stress/Burnout
☞ Mental Health	☞ Depression	☞ Sleep problems	

Clinical Pharmacists at your GP can:

☞ 3-6 monthly medication reviews	☞ Assist with patients wishing to potentially decrease their medication	☞ Offer education session for patients on their medication
☞ Offer advice on any medication problems/queries	☞ Blood pressure	☞ Long term conditions management

Our Nurse Prescribers and Community Nurse Prescribers can:

☞ Prescribe and treat minor ailments such as rash/spots, wound infections, eczema etc.	☞ Long term conditions	☞ Treat minor ear & eye infections
	☞ UTI & STI checks + treatment	☞ Blood pressure reviews
	☞ Diabetes check + treatment	

AND can help with multiple medical conditions including:

☞ 3-6 monthly med reviews	☞ Driver's licence medicals	☞ Long term conditions clinic – review conditions such as; Asthma, COPD, Heart Failure, Gout, Cardiovascular disease
☞ ACC injury assessment + registration	☞ Women's health (contraception, menopause, breast concerns)	
☞ Eczema + other skin conditions		

Our Registered Nurses are able to do:

☞ Blood pressure checks	☞ Contraception	☞ Travel consults + vaccination
☞ Wound management	☞ Spirometry	☞ Ear Suctioning
☞ Child Immunisations	☞ Infusions	☞ Other vaccinations
☞ Cervical Screening		

Practice Plus is:

☞ Same day clinical appointment	☞ Weekdays 8.30am – 10pm	☞ For enrolled, un-enrolled & international people
☞ Prescriptions sent to your Pharmacy	☞ Public Holidays 8am – 8pm	

Our GP's can:

☞ Assess and treat all ailments, conditions and diseases.	☞ Steroid Injections	☞ Long-Acting Reversible Contraception removal + insertions, such as IUD's & Implants
☞ Minor surgeries etc.	☞ Sports medicine	
	☞ Medicals	

Urgent Care can:

☞ Urgent health care appointment	☞ Accident and injury treatment	☞ 8am to 8pm daily
☞ GP & Nurse visit	☞ X-Ray services	
☞ For patients who cannot see their GP	☞ Visitors to Marlborough needing treatment	

***Not available in all Practices**

Credit: Civic Family Health Care

HPV PRIMARY SCREENING

September Go-live, UPDATE



National
Cervical
Screening
Programme

Te Whatu Ora
Health New Zealand

Te Kāwanatanga o Aotearoa
New Zealand Government

Pack 1- HPV Primary Screening | Contents

- Background
- Updated timeline
- Overview of information packs
- Training and resources
- Follow-up and support

STOP PRESS!

In addition to updating the go-live date to September 12, Te Whatu Ora has announced \$7.3 million in funding to provide free cervical screening services for women and people with a cervix who are unscreened, under screened, requiring follow-up, Māori, Pacific, and anyone who is a community service card holder as part of its move to the new HPV test. Further details will be shared on the [NSU website](#) and in future update packs.

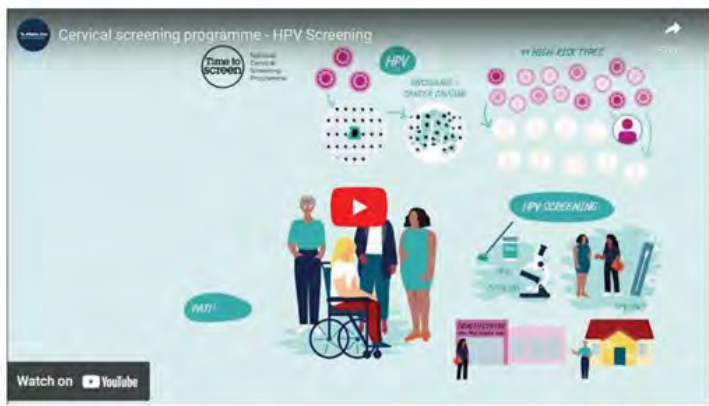
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National Cervical Screening Programme

Tuarongo | Background

The HPV primary screening project will support new clinical pathways that will provide greater choice to participants to lift uptake, increase screening in priority groups and reduce mortality rates in our communities.

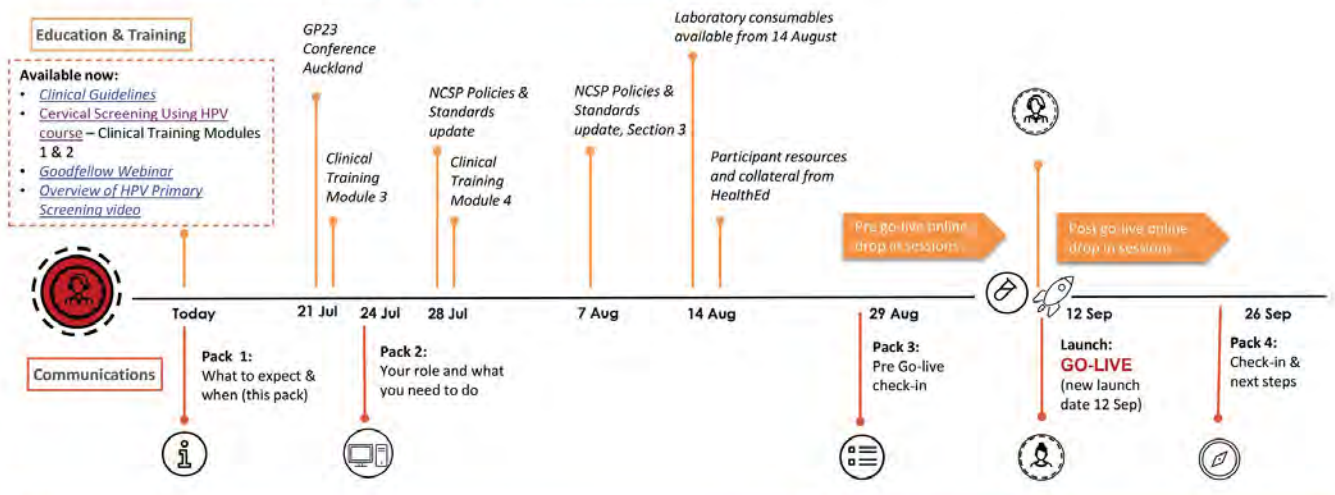
To find out more about why HPV primary screening is being introduced and what is being done is needed to achieve these outcomes watch a 5 min video.



This video provides an introduction to HPV screening.

Updated Timeline | September Go-live

The timeline shows the revised dates for go-live of HPV Primary Screening



The information and training you need will depend on your role. Packs for your role will be emailed with information, including links to training, resources and support.

Need more information? Visit [National Screening Unit website](#)

Information & Updates | In Four Packs

You will receive information in four steps:



Training & Resources | Links and further information

Training

- The [Cervical Screening Using Human Papillomavirus \(HPV\) Testing course](#) for accredited screen-takers, GPs, and midwives is available on LearnOnline made up of four e-Learning modules:
 - Module One is [available here](#) and takes around 60 minutes to complete
 - Module Two is [available here](#) and takes around 30 minutes to complete

Resources

- [Clinical Practice Guidelines for Cervical Screening](#) are available
- The Goodfellow Webinar held in June is available to view [here](#) along with follow-up FAQs
- You can also view a short video which provides an [Overview of HPV Primary Screening](#) (5 mins, 34 secs)
- Resources and information for non-clinical staff will be available on the [NSU Website](#)



Te Ara Matua | For more information



National Screening Unit Website:

[National Screening Unit Website](#) or Search for 'NSU HPV'



Send questions or feedback to

hpvscreen@health.govt.nz



National
Cervical
Screening
Programme



Community Eldercare

Steady As You Go (SAYGO)

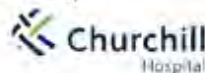
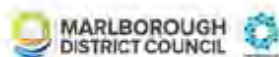
Gentle Exercise & Balance Class for Seniors
Every Tuesday 11:30am-12.30pm, St Christopher's Church Hall
Stay for a cuppa & chat afterwards. Cost \$2
92 Weld Street Blenheim.



Stretch & Breathe

Gentle Stretching & Balance Class for Seniors
Every Wednesday 10am-11am, St Christopher's Church Hall
Stay for a cuppa & chat afterwards. Cost \$2
92 Weld Street Blenheim.

Supported by:



Keep U Moving

Gentle Walking Exercise in the hall for Seniors
Every Thursday 11:30am-12.30pm, St Christopher's Church Hall
(Except 4th Thursday in each month)
Stay for a cuppa & chat afterwards. Cost \$2
92 Weld Street Blenheim

Older Persons Seminar

4th Thursday each month at St Christopher's Church Hall, 10am to 1pm
Interesting speakers, entertainment, quizzes, jokes
Morning tea & a light lunch provided. Cost \$5
92 Weld Street Blenheim

For more information contact Donna Wahrlich, Eldercare Coordinator
027 385 2333 or donna@stchristophers.co.nz
fb St Christophers Community Eldercare



Staying Safe

a refresher course for older drivers



This FREE classroom based course will help you re-familiarise yourself with traffic rules and safe driving practices. If you are needing to renew your driver's license this is the course for you. It will also increase your knowledge about other transport options and help you remain independent for longer.

FREE COURSE - FREE LUNCH - NO TEST, JUST GOOD INFO!
DATE: Tuesday August 22
TIME: 9.45 for 10am start - 2pm
VENUE: Connect Blenheim, 8 Beaver Road

Bookings Essential
Phone 03 579 3457

© ACNZ together with NZTA



Staying Safe

A REFRESHER COURSE FOR OLDER DRIVERS



This FREE classroom based course will help you re-familiarise yourself with traffic rules and safe driving practices. It will also increase your knowledge about other transport options and help you remain independent for longer.

FREE COURSE - FREE LUNCH - NO TEST, JUST GOOD INFO!

PICTON	BLENHEIM
DATE: Friday 13 October	DATE: Wednesday 22 November
TIME: 9.45 for 10am - 2pm	TIME: 9.45 for 10am - 2pm
VENUE: Marina Cove, Waikawa Road	VENUE: Connect Blenheim, 8 Beaver Road

BOOKINGS ESSENTIAL - PHONE 03 579 3557



Older Persons Seminar

Every 4th Thursday of the Month

St Christopher's Church Hall
92 Weld St, Redwoodtown

Guest Speakers
&
Entertainment

Quizzes . Jokes . Socializing

10am – 1pm Morning tea & light lunch provided
Cost \$5

Donna Wahrlich
Eldercare Coordinator
donna@stchristophers.co.nz 027 385 2333
fb St Christophers Community Eldercare



Older Persons Seminar

Thursday 24th August

St Christopher's Church Hall
92 Weld St, Redwoodtown

Guest Speaker
Gayle Chambers
Grey Power

Entertainment
Castaways Ukelele Group

Community News . Quizzes . Jokes . Socializing

10am – 1pm Morning tea & light lunch provided
Cost \$5

Donna Wahrlich
Eldercare Coordinator
donna@stchristophers.co.nz 027 385 2333
fb St Christophers Community Eldercare



STEADY AS YOU GO

Our SAYGO classes provide gentle exercises to improve strength and balance and help prevent falls.

Blenheim - \$2, Picton \$3

Phone Age Concern office
03 579 3457 for more info



IN-HOME VISITING SERVICE

We have a wonderful network of friendly volunteers available to visit or phone with people over 65 who may be feeling lonely or isolated.

Monday: 10.30 – 11.30
The Foundry, John Street

Tuesday: 11.30 – 12.30
St Christopher's Hall,
Weld Street

Tuesday: 1.30 – 2.30
Union Parish of Picton,
40 Broadway

Wednesday: 1.30 – 2.30 Marlborough
Community Centre, Alfred Street

Contact us for further info:
03 579 3457



**AGE
CONCERN
MARLBOROUGH**
He Manaakitanga
Kaumātua Aotearoa

If you, or someone you know would like a visitor please get in touch, our Volunteer Coordinator will match a volunteer with similar interests.

Phone our office
03 579 3457



Positive Relationships

Whakawhanaungatanga
Means working and playing in safe and thoughtful ways with others.

THE KIWI CAN CORNER

Positive Relationships / Whakawhanaungatanga



Kiwi Can is underway again and this term it's all about positive relationships – or “working together and playing in safe and thoughtful ways with others”.

We'll be working on these 3 modules this time around:

- ★ **Fairness + Fair Play** – Fairness and fair play is about playing by the rules, and how we share our ideas with each other.
- ★ **Conflict Resolution** – Conflict resolution is about how we solve problems between people.
- ★ **Leadership** – Leadership is about supporting others and helping everyone to work together effectively.

How about talking with your children about *positive relationships*? What does it mean to *your* family?

What do ideas of *fair play*, *conflict resolution* and *leadership* mean to *you*? How do they play out in *your* family?



Follow @GraemeDingleFoundationMarlborough to stay up to date



Living through disasters

Youth resilience in Marlborough

Thursday 17 August, 7pm-8pm



Join us to share your ideas about how disasters (the COVID-19 pandemic, flooding and earthquakes) have impacted youth in Marlborough and how Civil Defence can work with youth to increase disaster resilience moving forwards.

MYSpace- 18 KINROSS St

Sponsored by Marlborough District Council & Life Education Trust Marlborough

KIDS DISCO

FRIDAY 22ND SEPTEMBER

WITH DJ FINN @ MY SPACE, 18 KINROSS STREET BLENHEIM



6PM - 8PM	\$3 ENTRY FEE	FREE GLOW STICKS	SPOT PRIZES
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OPEN TO ALL PRIMARY SCHOOL AGED TAMARIKI (must bring a supervising adult)	START THE SCHOOL HOLIDAYS WITH AN EVENING OF LIGHTS, MUSIC, DANCE AND HAROLD THE GIRAFFE!	BRING EXTRA CASH FOR SNACKS AND SUPER COOL GLOW STUFF!
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Term 4 2023
Term 1 2024
Regos Open!



CACTUS

BLENHEIM Term 4 & 1
PICTON Term 1, 2024

CACTUS Term 4 Start Date: 9 Oct
CACTUS Term 4 Longest day: 2 Dec

Mon, Wed & Fri

6am-7:30am

8 WEEKS

YR 9 - 13 STUDENTS



IF YOU ASPIRE TO BE FIT, WANT TO BUILD SELF CONFIDENCE,
LEARN TO WORK AS A TEAM AND ENJOY A CHALLENGE.

cactus@myt.org.nz - Jo - 027 522 2245

To Register Contact: picton@myt.org.nz - Aaron - 027 522 2887

Marlborough Youth Trust/MYSPACE 18 Kinross st, Blenheim

www.myt.org.nz

Te Whare
Kumanu o Wairau



hospice
Marlborough

Volunteers NEEDED

We need help with

- Patient Companionship
- Carer Companionship
- Life Story/Biography Writing
- Reception Cover
- Administration
- Event Catering
- Floral Arrangements
- Working in the Hospice Shop
- Fundraising activities on a regular or occasional basis

Contact us

Jacinda Mckenzie
Volunteer Coordinator
Kairuruku Tūao

✉ volunteer@mht.org.nz

☎ 035789492

📍 Hospice Marlborough
Gate 2, Wairau Hospital
Hospital Road

Learn English in Blenheim with English Language Partners

We have a range of programmes to help our learners manage everyday life in New Zealand, all taught in small groups by our qualified teachers.

Learn 'Kiwi' English

Class content is designed to meet the needs of the learners in each class. Talk to us about the best programme to help you achieve your goals.

Improve your workplace English

For NZ residents with a job (full-time, part-time, casually/seasonally or self-employed)

Online English classes

We have many online classes for everyday English, work English and academic English, including IELTS preparation.

Business Contracts

English classes targeted to the specific

language needs of an employer that can be run in-house on workplace premises. We have successfully delivered programmes in the horticultural, fishery, manufacturing and forestry industries.

English Language Partners is a nationwide, non-profit organisation offering language support to former refugees and migrants for over 10 years in Marlborough.

For more information about our English programmes and availability email us at marlborough@englishlanguage.org.nz or call 03 579 2460.



Marlborough Health and Safety Forum

Just a wee note of what is upcoming so you can lock in the dates !!

August meeting: 11th August = Leadership Journey with Nadine Taylor, Marlborough Mayor. 10am -11am at Marlborough Library, room 2 & 3.

More information to come:

Up Coming Sessions:

- 8th September = Session with Francois Barton - Executive Director at Business Leaders' Health and Safety Forum, 10am – 11am, Venue TBC

- 13th October = Session with Kristi Palmer - Head of Strategic Interventions (acting) at WorkSafe New Zealand, 10am – 11am, Venue TBC
- 10th November = Session with Alistair Thomson – National HSE Manager at Hortus Ltd, 10am -11am, Venue TBC Looking forward to seeing you at these events.

Many thanks from H&S Committee.



Marlborough Health & Safety Forum

www.marlboroughsafetyforum.com



NMWC Regional Change Plan Hui Update Term 3, 2023

Working with schools, young people, families/whānau, communities and other key stakeholders to deliver the NCEA changes.

Kia ora koutou,

This newsletter contains information that may help with your next steps in implementation for NCEA, and follow up on the actions from our last RCP hui.

A number of attendees identified actions around communicating with members of their community. If you would like support or have ministry staff member attend a community event please get in touch so we can identify ways we can support this mahi.

Ngā mihi nui,

Jeff, Rachel, Angela, Bob and Arnika

Ministry of Education Te Mahau Nelson/Marlborough/West Coast

NCEA Feedback

To confirm changes to be introduced in 2024 for NCEA Level 1, an updated version of the new qualification needs to be listed in the New Zealand Qualifications and Credentials. You can provide feedback on the proposed new mātāpono (principles) and Level 1 statements in the NCEA qualification document- [access this here](#)

NCEA Accessibility

Special Assessment Conditions (SAC) can provide extra help for otherwise capable students in addressing various barriers to achievement in assessments for NCEA. A seminar on SAC conditions will be held in Hokitika August 29th. The presentation may be useful for tertiary or alternative education providers to gain a better understanding of the SAC process. [Info flyer](#).

TOD Term 4

- Term 4 Teacher only days are scheduled for the period November 13th to 24th.
- Principals will receive an email Term 3 Week 1 with a survey link. We are planning our support for the Teacher only day time period and would like updated information on your school's needs and plans.

Literacy and Numeracy CAA

- Results for the Common Assessment Activities are scheduled to be realised August 18
- Students who do NOT Achieve will receive individual feedback
- Students can access this feedback through their NZQA login
- Information has been released on the list of Achievement Standards that can be used to meet the [corequisite in 2024 -2025](#)

PLD opportunities

Bob and Arnika are offering a range of online hui to support development of literacy and numeracy. Please share the [registration link](#) with your staff and contributing schools/ECE.

Monday 24 July **Walkthrough of Secondary Literacy and Numeracy resources**

Monday 7 August **Digital Tools for Literacy: Enhancing Reading and Writing Skills**

Tuesday 8 August **Strengthening Literacy - ECE to Year 10**

Bob and Arnika are happy to support Strategic planning for Lit and Num, Boards of Trustees, Department hui, Community hui, Literacy and Numeracy leads. Get in contact to make a time to meet face-to-face or online.

NCEA Support Team



[Rachel Cookson](#)
NCEA Implementation Facilitator



[Angela Seyb](#)
NCEA Implementation Facilitator



[Arnika Macphail](#)
Literacy Support



[Bob Wilson](#)
Numeracy Support



[Jeff Lockhart](#)
Principal Adviser - Secondary Transitions

Sign Up Now

Primary Industry Days 2023

Forestry Industry



14 September

Seafood Industry



14 September

Wine Industry



15 September

-
1. Sign up for a hands on day learning about career opportunities in the sector that interests you
 2. Hear from industry experts about career pathways, study pathways & jobs available
-

RSVP by Friday 8 September to
connectedblenheim@msd.govt.nz

Ministry for Primary Industries
Manatū Ahu Matua



Connected
govt.nz

Nettie Stow announced as new Executive Officer

Top of the South Community Foundation is delighted to announce the appointment of Nettie Stow as our new executive officer.

Nettie has, since 2016, been the partnership and funding manager for Whenua Iti, a leading provider of outdoor-based experiential education near Motueka.

Nettie brings a unique skill set and wide community experience to the role, vacated earlier this year by our previous executive officer Gavin Larsen who has been appointed performance director at the Warwickshire County Cricket Club.

We are delighted to welcome Nettie to our team. Together with the board, Gavin set our Foundation on a new trajectory, and we now have \$6 million in the bank. Nettie will build on that work as well as helping the Foundation understand the needs within our wider community.

As the next stage in our growth, the Foundation has challenged Nettie to further 'unlock the philanthropic potential' of our wider community and we know, with the full support of the board and our partners, that's something she will achieve.

Nettie says she has no hesitation in inviting people to invest in the Foundation because she has full confidence in the Foundation's Board of Trustees and Craigs Investment Partners who together ensure that gifts will continue to grow and last forever.

As well as attracting new investors to the Foundation, Nettie's role will include assessing the needs of the community it serves. We want to lift our game to further understand our community. We know there are a lot of organisations doing good, and some are doing good well. We aim to compile a portfolio of groups to present to investors to help them choose to support causes close to their hearts.

Born in Northumberland in England, Nettie first



Above: Nettie meets with Ryan Durry, Quay Cars, a generous partner of Foundation operations.

came to New Zealand as an 18-year-old and fell in love with the country and its people during a cycle tour of both islands.

Back in the UK she completed degrees in outdoor education and ecology. For a time, she became a teacher but quickly discovered her real love was the wellbeing of communities with a focus on connection to natural environments. Nettie joined the Wildlife Trusts, part of a movement which recognised that to be successful, conservation projects needed to actively involve people. At that time lottery funding became available and Nettie was able to raise money for a number of projects.

When she returned to New Zealand in 2003 Nettie came with her family, initially settling near Warkworth north of Auckland where her third child was born. Seventeen years ago, the family moved to the Nelson region.

Nettie says she is excited about her new role with TotSCF and the opportunity to do what she loves best – empowering others to do great things within their communities.

www.topsouthfoundation.org.nz



Worthy recipients receive Marlborough Civic Awards

Eight locals have been recognised for their outstanding service at a special Civic Honours ceremony.

The awards are made by Council every three years.

In presenting the honours, Mayor Nadine Taylor said it was vital to recognise members of the community who give outstanding service to the district.

"I feel very humbled to be standing here alongside such charitable and big-hearted people – so many projects, clubs and activities simply would not happen in Marlborough if it was not for your unstinting efforts," she said.

"It's a real privilege to be in a room with people who give so much of themselves - you add to the depth of Marlborough and help to make it the amazing province it is."

This year's recipients are:

Ros Benson – responsible for the fundraising and planning which enabled the new Picton Emergency Operations Centre to be established, an outstanding community facility

Chris Brown – the driving force behind the refloating of the historic ship Edwin Fox and a committed and dedicated volunteer for the project over many years

Ian Cameron – a multi-talented and valued Havelock resident who actively uses his retirement to benefit the local community through numerous groups and committees

Patricia Clay – has used her accounting background and skills to be of great service to many community groups, particularly the senior sector

Helen Godsiff – a true community spirit and Marlborough Sounds pioneer who has dedicated her life to rural causes including Rural Women NZ

Tony Quirk – a staunch and respected volunteer gymnastics coach, secretary, president and judge with a lifetime of dedication to the sport locally and nationally

Nicki Stretch – has selflessly given unstinting service to the community through her work for the

Graeme Dingle Foundation Marlborough, as well as being heavily involved with local cricket

Mike Sextus - a dedicated and hardworking Edwin Fox enthusiast who, along with Chris Brown, has been involved with the project since its inception.

Main image: Civic Awards recipients with their awards after yesterday's presentation (from left) Helen Godsiff, Ros Benson, Chris Brown, Nicki Stretch, Ian Cameron Tony Quirk, Mike Sextus and Patricia Clay.

Like some extra dollars in your pocket?

If you are a ratepayer on a low income you may qualify for a rebate of up to \$750. To qualify, you need to be paying rates on the home you live in, your name must be on the rates invoice and your home cannot be used principally for farming or business purposes. How much the rebate will be depends on the amount you pay in rates, you and your partner's income and the number of dependants living with you.

Applications are now open and you can apply in person at the Council Offices in Blenheim or Picton, or go to the MDC website.

[Go to the rates rebate section of the website](#)

You will need your income details for the year ended 31 March 2023 to complete the application.

Whale Trail moving closer

Marlborough's Whale Trail, a 204km walking and biking track from Waitohi Picton to Kaikōura, is making steady progress.

Work began recently on the walking and cycling platform of the historic 1902 Awatere road/rail bridge which crosses the Awatere River north of Seddon.

Project Lead Nigel Muir described the Whale Trail as a "fascinating community project with multiple levels of complexity", as it partners six iwi, five government departments, two councils and many landowners.

"It's challenging and complex, but we are poised to get a whole lot of work done in the upcoming spring and summer trail building months," he said.



Applications for this rating year close on 1 July 2024 - no late applications will be accepted.

For more information Ph: 03 520 7400 or email mdc@marlborough.govt.nz



Above: Work is underway on resurfacing the Awatere Bridge, a key link on the Whale Trail.

Some sections of the trail were already in use including Blenheim to Redwood Pass and a section

south of the Awatere Bridge into Seddon. One section nearly finished runs from the Elevation, near Picton, to Lindens Road following the railway line.

“This spring we aim to have the Lindens Road to Tua Marina section constructed, which links in with the already completed trail and clip-on over the Wairau River,” Nigel said. “We really want that Picton to Blenheim route open.”

Beautifying the track is also key with important aesthetics such as planting, storyboards, toilets and seating. The Whale Trail is planning to plant 100,000 natives along the track.

The idea of a Whale Trail began after the Kaikōura

earthquake destroyed much of the transport network along the coast and visionaries thought a trail could be developed similar to Otago’s Rail Trail.

Enthusiasts formed a committee and initial funding of \$2M from Council and \$600,000 from the Rātā Foundation made the trail a reality.

More than \$20M for construction is coming from the Covid-19 Response and Recovery Fund administered by Kānoa - Regional Economic Development & Investment Unit.

“It’s a wonderful community project that in future years will bring enormous benefits to Marlborough and Kaikōura,” Nigel said.

Rubbish bag voucher in your mailbox now

Rubbish bag vouchers are being delivered to property owners now, so keep an eye on your mailbox. This will be the last time vouchers for Council-issued rubbish bags are sent out.

On 1 July 2024 the current rubbish bag and recycling crate service will end and the new wheelie bin service will begin. A wheelie bin set for rubbish and recycling will be delivered to properties on the kerbside collection routes prior to 1 July 2024. From 1 July 2024 the current recycling crate will be for glass only.

Properties on the expanded kerbside collection route which don’t currently have a crate will be issued with one at the same time as the wheelie bins.

From 1 July 2024 any remaining Council bags will no longer be picked up from the kerbside, however Council rubbish bags will continue to be accepted



at the transfer stations or can be disposed of in the wheelie bin. Council bags will no longer be able to be purchased from 1 July 2024.

[Go to more information on the wheelie bin roll out](#)

Swimming spots in Marlborough safe

Most of Marlborough’s popular swimming spots have been given a clean bill of health.

All samples taken from Pukatea/Whites Bay, Waikutakuta/Robin Hood Bay, Waikawa Bay and the Wairau River at both the Blenheim Rowing Club and Ferry Bridge during the 2022/23 summer period showed bacteria levels deemed safe for swimmers.

Occasionally samples with unsafe bacteria concentrations were detected at Anakiwa, Picton Foreshore, Momorangi Bay, Waihopai River at Craiglochart, Taylor River at Riverlands and Rai River at Rai Falls, but these were often from surface run off after rainfall.

The annual recreational water quality report was presented to Council’s Environment and Planning

Committee.

Environmental Scientist Steffi Henkel said that despite generally good water quality, waterborne pathogens could occasionally pose a health risk, especially to those people with underlying health conditions.

Council monitored popular beaches and rivers during the summer period from November to March. Full monitoring results can be viewed at on the LAWA website.

[Go to the LAWA website](#)

Soft plastic recycling returns

Start saving your bread and cereal bags - soft plastic recycling has returned to Blenheim.

After a five-year lapse, clean and soft plastic is once again being collected at points around Blenheim including Countdown Blenheim and Redwoodtown, the Warehouse, New World, as well as the Marlborough Hazardous Waste Centre.

Plastic collected will be processed at Future Post's new Blenheim plant and recycled into fence posts for use on local farms and vineyards.

Mayor Nadine Taylor says the reintroduction of soft plastic recycling in Marlborough is exciting, and more so because the plastic collected will be recycled locally.

"It's great to see soft plastic recycling bins back in stores across the district, and even better that the plastic collected here will be processed,

While most spots were good, the Taylor River and Picton Foreshore had an increased risk of bacteria concentrations.

"Water in urban areas has the poorest quality because it is subject to greater pressure," Ms Henkel said. "But the quality can quickly change and is often the result of rainfall."

Ngakuta Bay showed an improvement since the previous season.

Sites will be monitored next season, with the possible inclusion of Okiwi Bay and Mistletoe Bay.

and recycled into other products, right here in Blenheim," she said. "It's an excellent example of local businesses working together to reduce our collective impact on the environment."

Soft Plastic Recycling Scheme Manager Lyn Mayes said there had already been an incredible response from Marlborough people since the distinctive recycling bins returned last month.

"We knew the return to the region would be popular and the additional processing capacity that Future Post's new operation offers made it possible for us to start again," she said.

All plastic must be soft and clean and includes items such as frozen food packets, courier bags and dry pet food bags.

[Go to a full list on the soft plastic recycling website](#)



TURN YOUR SOFT PLASTIC INTO PLANTER BOXES (OR FENCE POSTS) BY RECYCLING HERE

RECYCLE ME

BREAD BAGS • FRESH PRODUCE + FROZEN FOOD BAGS • BAGS + WRAPPERS FOR TOILET PAPER, CEREALS, SNACK FOODS + DAIRY PRODUCTS • LIGHTLY FOILED BAGS
 - CHIP PACKETS + CONFECTIONERY • COURIER PACKS + BUBBLE WRAP • GARDEN POTTING MIX BAGS • DRY PET FOOD BAGS

CHECK ON RECYCLING.KIWI.NZ/FAQS



TAKE THE SCRUNCH TEST!

SCRUNCH YOUR PLASTIC INTO A BALL AND WE CAN RECYCLE IT!



SO WE DON'T CONTAMINATE OUR RECYCLING, **DO NOT** PUT THESE IN OUR BINS

COMPOSTABLE PLASTIC BAGS
 FACE MASKS, DISPOSABLE GLOVES OR RAT TEST PACKAGING
 GENERAL RUBBISH
 FOOD OR DRINK CONTAINERS
 FOIL OR METAL

RECYCLING.KIWI.NZ/STORE-LOCATOR



MARLBOROUGH
DISTRICT COUNCIL

Upcoming Changes for Incorporated Societies Act 2022

Want to know more?



Peter Orpin - Special Counsel
(from Lane Neave law Firm)
will talk you through key changes



When: 23 August 2023 6-8pm

Where: Marlborough Events Centre

Registration:

<https://events.humanitix.com/changes-for-incorporated-societies-workshop>

lane neave.



Rātā
Foundation

marlborough.govt.nz

Events & Notices

Be prepared for natural disasters
and every day rural living
**NEMA Civil Defence FENZ,
Police Landcare Trust Red Cross
REAP St John +**

*Hot Food
Coffee
Trade Sites
Workshops*

*Live Entertainment renown
NZ band THE EASTERN!
A lively folk band
from Lyttleton*



**Rural
Readiness
Expo** →

Alternative Energy • Home Security
Animal Welfare • Resilience

SATURDAY 26 AUGUST 2023
10am - 4pm *Limited eftpos
Please bring cash*

Wairau Valley Hall Complex, Morse St Wairau Valley

Wairau Valley Hall Community Trust acknowledges the co-funding of this project by the Ministry for Primary Industries

The 2023 Art of Wellbeing Exhibition
18th – 29th October



Celebrating the healing power of creativity



Presented by CARE Marlborough
Sponsored by The Marlborough Art Society



SUBMISSIONS INVITED

All artworks considered for selection
Please deliver to 26 Percy Street, Blenheim
10am – 2pm Thursday 12th & Friday 13th October

Contact Carla or Jelena 03 578 0302 / 027 5754750 manager@carem.nz

Marlborough Sounds Barbershop Chorus

and

Marlborough Boys College Choir

**2.30pm Sunday 20th August
St Christopher's Church Hall
92 Weld Street, Blenheim**

\$5 entrance fee



Venues for Hire

Redwoodtown Community Centre

- ☎ 021 108 7637
- 🏠 Weld Street, Redwoodtown Blenheim
- 🌐 www.redwoodtown-community-centre-hall.business.site/

Wairau Valley Hall

- ☎ 03 572 2535
- 🏠 Morse Street, Wairau Valley Township
- ✉ wvcommunityhall@gmail.com
- 🌐 www.wairau-valley.co.nz/wairau-valley-hall.html

Spring Creek Hall

- ☎ 03 579 6036
- 🏠 24-26 Ferry Road, Spring creek
- ✉ info@yogaroom.co.nz

Linkwater Settlers and Memorial Hall

- ☎ 03 574 2201
- 🏠 1351 Queen Charlotte Drive, Linkwater
- ✉ jysmith1173@gmail.com

Picton Community Centre Hall

- ☎ 03 573 7289
- 🏠 7 Wairau Road, Picton
- ✉ picton.earlylearning@xtra.co.nz

Renwick Memorial Hall

- ☎ 03 572 8158
- 🏠 39 High Street, Renwick
- ✉ heather@renwick.school.nz

Yealands Awatere Memorial Hall

- ☎ 03 575 7975
- 🏠 Foster Street, Seddon
- ✉ awaterecom@xtra.co.nz

Havelock Town Hall

- ☎ 03 574 2555
- 🏠 61 Main Road, Havelock
- ✉ hcaoffice@havelock.co.nz
- 🌐 www.havelock.co.nz

St Andrews Church and Hall

- ☎ 03 578 7119
- 🏠 5 Henry Street, Blenheim
- ✉ st.andrews.church@xtra.co.nz
- 🌐 www.standrewsblenheim.org.nz

Fairhall Community Hall

- ☎ 03 578 3556
- 🏠 New Renwick Road, Fairhall

Riversdale Community House

- ☎ 03 578 0469
- 🏠 131 Budge Street, Blenheim
- ✉ riversdalecommunityhouse@xtra.co.nz

Canvastown Memorial Hall

- ☎ 03 574 1407

Homewood War Memorial Hall

- ☎ 03 579 8232
- 🏠 Marys Bay, Pelorus Sound
- ✉ hopai@actrix.co.nz

Ward Town Hall

- ☎ 03 579 2336
- 🏠 SH1 Ward

Beavertown Hall

- ☎ 03 578 1712
- 🏠 Brayshaw Park, Blenheim
- ✉ info@marlboroughmuseum.org.nz

Rapaura School Hall

- ☎ 03 570 5752
- 🏠 349 Hammerichs Road, Rapaura
- ✉ office@rapaura.school.nz

Rarangi Community Centre

- ☎ 027 2575 683
- 🏠 252 Rarangi Beach Road, Rarangi

Renwick Sports & Event Centre

- ☎ 03 572 9688
- 🏠 8 Uxbridge Street, Renwick
- ✉ info@renwickeventscentre.co.nz
- 🌐 www.renwickeventscentre.co.nz

Port Marlborough Pavilion

- ☎ 03 573 5400
- 🏠 Endeavour Park, Picton
- ✉ manager@endeavourparkpicton.co.nz
- 🌐 www.endeavourparkpicton.co.nz

Havelock Sports Pavilion

- ☎ 03 574 2555
- 🏠 Neil Street, Havelock
- ✉ hcaadmin@havelock.co.nz

Tua Marina Hall

- ☎ 03 570 5583
- ✉ SH1, Tuamarina
- tuamarinahall@gmail.com

French Pass Hall

- ☎ 03 576 5287
- 🏠 French Pass
- ✉ laurence@steadfastsail.com

